



# People's Health Trust

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## Session outline

- About the Trust and health inequalities
- About the Trust's current priorities
- What the Trust is looking for in applications
- Questions

# About us:

People's Health Trust is a charity addressing health inequalities in England, Scotland and Wales. We work to ensure that where you live does not unfairly reduce the length of your life, or the quality of your health.

Our work focuses on:

- Funding and support for communities experiencing the greatest disadvantage
- Using our evidence and learning to influence change locally and nationally
- Working with our networks of funded partners to offer support, shape our programmes and policy, and ensure the voices of those most marginalised are represented.

Funding and support for communities

- We fund and support work led by communities experiencing disadvantage, which addresses the underlying causes of health inequalities

# What are Health Inequalities?

- There are stark differences in quality of health and life expectancy in the UK. These avoidable health gaps are a social injustice.
- Our work tackles the building blocks behind this inequality - often called the [social determinants of health](#). We want to see health inequalities replaced by health equity - a fair chance for everyone to live a long, healthy life.
- The basic requirements that affect our life expectancy and make us healthy can be economic, social or environmental.
- As well as where we are born and live, other factors, such as discrimination and racism, are also a critical part of the inequality picture

# The social determinants of health

We know from our own work and research- that there are two factors which are vital to our health and wellbeing in themselves and are also key to tackling other issues. These are:

- Social connections: bringing people together with a sense of purpose and hope.
- Community power: people getting together to influence decisions in their own communities.

When these are in place and working well, change can start to happen - for individual people and in their wider communities. That is why these are at the core of all our projects.

There are other, more specific building blocks that each have a clear connection to how long we live and how long we live in good health. The main ones are:

- Jobs and income: good working conditions, fair contracts, stable employment, a Living Wage
- Local environment: green spaces, safe streets, public transport, accessible shops, safe air quality
- Local economies: locally-owned businesses, access to quality jobs, shops with affordable, healthy food
- Housing: stable, affordable and quality accommodation
- Education and skills: better jobs, confidence and self-esteem, lifelong learning, early years
- Food security: access to affordable, healthy food
- Digital inclusion: access to the technology to participate access services online

# Health Justice Fund

- The Health Justice Fund provides a route through which communities experiencing the sharp end of health inequalities can work with us, using their experience and practice, to improve health for the long term.
- The fund will prioritise thematic areas based on what people most affected by these issues have told us is needed and what the evidence points towards.
- The learning and evidence we gain (from independent evaluation and on-the-ground practice) will be used to influence decision makers and support action that leads to real health justice for communities across Great Britain.
- Features of the fund include: working in partnership, connecting projects through networks, evaluating and learning as we go, funding, using evidence to make the case for change, communicating what we're doing, being flexible in our approach, and evolving our approach based on what we learn from communities most affected by health inequalities.

# Current Priorities

- ◆ **Homes for Health** - a collaboration between the Trust and experts from housing, community, and racial justice civil society organisations, delivering projects that respond to the growing problem of unfit private and social rented homes and their effects on tenants' physical and mental health.
- ◆ **Partnerships for Health** - through Partnerships for Health, the Trust aims to be agile and responsive to current health challenges via organisations that are representative of, or working very closely with, communities most affected by health inequalities. We will support projects that are explicitly seeking to influence decision-makers and/or improve practice to address health inequalities, with the aim of ultimately improving health outcomes for communities experiencing the most significant health inequalities.
- ◆ **Nature for Health** - supports improved mental health through nature. Has just closed today. The overarching aim of Nature for Health is to improve mental health and provide greater access to natural spaces and nature-based activities for people experiencing mental health problems, socio-economic disadvantage, marginalisation and discrimination.

# What is the Trust looking for in applications?

- ◆ **Clear alignment to published criteria (organisation and project)**
- ◆ **Clear track record of working with the relevant target community**
- ◆ **Organisations that can demonstrate they are led by and for the communities they intend to work are likely to be given priority**
- ◆ **Equity, diversity and inclusion – applicants can describe their approach to equity, diversity and inclusion clearly**
- ◆ **Clear evidence of need – i.e. be working with those experiencing a high level of health inequalities.**
- ◆ **Measuring outcomes – applicants can measure whether the activity results in changes we want to see**



# Questions?



# Contact details

- ◆ **Website:** [Homepage | People's Health Trust \(peopleshealthtrust.org.uk\)](https://www.peopleshealthtrust.org.uk)
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